


# Outlook

September  
2024

  @CabCoALP

 [www.CabarrusCounty.us/ALP](http://www.CabarrusCounty.us/ALP)



## Senior Center Month Celebration

September is **National Senior Center Month**, and Cabarrus County’s Active Living and Parks is calling on older residents to visit their senior centers. This year’s theme is “Powering Connections.” Anyone is invited whether you are regulars or first-time visitors. The Active Living Centers work with community partners to provide access to health, economic security, social engagement, purpose, creativity and mobility all in a social and fun environment. It also encourages older adults to discover their unique interests, talents and aspirations while conveying a sense of exploration, self-discovery and individuality.

## September Dances

**Senior Center – Concord**

**\$8 at the door**

**7 p.m.**

*(Doors open at 6:30 p.m.)*

**Friday, September 6**

Randy Clay Band

**Friday, September 13**

Second Time Around

**Friday, September 20**

Steel Cruizin Band

## Cabarrus County Senior Centers

*A Division of Active Living & Parks*

### Concord

331 Corban Avenue SE, Concord  
704-920-3484

Monday – Thursday: 8 a.m. – 8 p.m.

Friday: 8 a.m. – 5 p.m.

### Mt. Pleasant

8615 Park Drive, Mt. Pleasant  
704-920-3487

Monday – Friday: 8 a.m. – 5 p.m.

### Active Living & Parks Mission Statement

Our mission is to enrich the quality of life for persons of all ages and abilities by providing high quality recreation, education and social opportunities in harmony with natural resource preservation.



**CABARRUS COUNTY**  
*Active Living & Parks*

## SENIOR CENTER MONTH EVENTS

### Puzzle Competition

Thursday, September 5, 1:30 p.m.

Mt. Pleasant Senior Center

Register by Friday, August 30.

### UNO Tournament

Tuesday, September 10,  
10 a.m. – 2 p.m.

Concord Senior Center

Compete to see who will be the champion! Winners of each group will move on to the next round...do you have what it takes to win? \$5 per person. RSVP by Friday, September 6

### Indoor Baseball Game

Wednesday, September 11, 1 p.m.

Concord Senior Center

Get 5 people together to make a team!  
Register by Sunday, September 8.

### Line Dance-A-Thon

Saturday, September 14,  
10 a.m. – 2 p.m.

Concord Senior Center

Get prepared to MOVE. Wear loose, comfortable clothing and appropriate shoes. List of dances, choreographers and lunch provided. \$15 per person. RSVP by Friday, September 6.

### Apple Harvest Celebration

Thursday, September 19, 11:30 a.m.

Mt. Pleasant Senior Center

Register by Friday, September 13.

### Scrapbook Paper Fall Craft

Tuesday, September 24, 2:30 p.m.

Mt. Pleasant Senior Center

Register by Friday, September 20.


*Register at [www.cabarruscounty.us/register](http://www.cabarruscounty.us/register). Events and programs are FREE unless otherwise noted.*

**Cabarrus County Senior Centers will be closed Monday, September 2.**

# Outlook

October  
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## Touch-A-Truck

Grab your grandkids or bring your whole family. Cabarrus County’s Active Living and Parks Department is hosting its **6th Annual Touch-A-Truck** event. The event is scheduled for Saturday November 2 from 9 a.m. to 1 p.m. at the Cabarrus Arena and Events Center. The event is free, but there will be a \$8 parking fee. Attendees will get to interact with vehicles and equipment of all shapes and sizes. There will be excavators, fire trucks, police cars, demonstrations and more!

**October Dances**  
**Senior Center – Concord**  
**\$8 at the door**  
**7 p.m.**  
*(Doors open at 6:30 p.m.)*

**Friday, October 4**  
Catfish Band

**Friday, October 11**  
Second Time Around

**Friday, October 18**  
Randy Clay Band

**Friday, October 25**  
DJ Dean

## Fitness Center Hours

*Hours at time of publication (subject to change). Use requires successful completion of free orientation (held twice monthly, times vary, reservation required).*

### Senior Center – Concord (indoor)

Monday – Friday (with reservation):  
8 a.m. – 5 p.m.

Monday and Wednesday (walk-in):  
5 – 8 p.m.

Tuesday and Thursday (walk-in):  
6:30 – 8 p.m.

### Senior Center – Concord (outdoor)

Monday – Sunday: 8 a.m. – 8 p.m.

Monday – Sunday (Nov. – Feb.):  
8 a.m. – 5 p.m.

### Senior Center Mt. Pleasant

Monday – Friday: 9 a.m. – 5 p.m.

*Must not conflict with classes.*

## OCTOBER FEATURED EVENTS

### Cabarrus County Scam Jam

Wednesday, October 2,  
9:30 a.m. – 12:30 p.m.

Living Water Community Church, 162  
N. Little Texas Road, Kannapolis

Learn how to not be a victim at this FREE event. Guest speakers from the Cabarrus County District Attorney’s Office and Elder Law & Estate Plannin Solutions. RSVP by Friday, September 27.

### Painted Pumpkin Decorating Contest

Drop off: October 10–18  
Mt. Pleasant Senior Center

Voting will be October 18–30, the winner will be announced at the Halloween Bash.

Register at [www.cabarruscounty.us/register](http://www.cabarruscounty.us/register). Events and programs are FREE unless otherwise noted.

### SAVE THE DATE!

### Luau Party with Too Much Sylvia

Tuesday, October 15, 6 – 9 p.m.  
Cabarrus Arena and Events Center

The torches are lit, the theme is set... we’re having a Luau you’ll never forget! Cost and RSVP information to come.

### BINGO

Friday, October 18, 1 p.m.  
Concord Senior Center

Sponsored by Cabarrus County Council on Aging.

### Halloween Bash

Thursday, October 31, 2 p.m.

Mt. Pleasant Senior Center

Register by Friday, October 25.

**INCLEMENT WEATHER POLICY** For all programs and/or events scheduled by the Active Living and Parks Department, the decision will be made by management. Management reserves the right to change facility operating hours and/or cancel programs, classes and events for public safety. Unless declared closed by management, on inclement weather days the Cabarrus County Senior Centers will operate during normal County business office hours and will be open for participants that choose to attend.

Check the County website [www.cabarruscounty.us](http://www.cabarruscounty.us) or social media pages or tune to local radio and television stations for cancellation/closing updates.